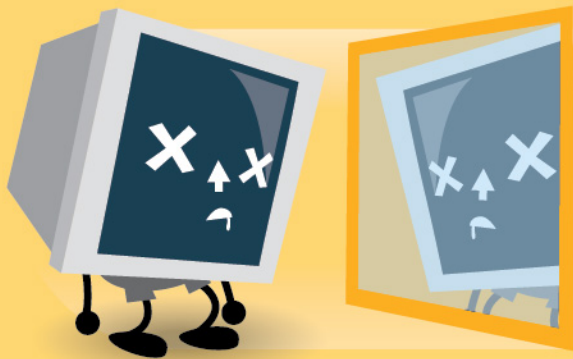


# PERSONAL COMPUTER HEALTH & FITNESS PROGRAM

SESSION  
4

REGULAR CHECKUP  
(DIAGNOSING CONNECTION PROBLEMS)



At the first sign of 'no connection', don't panic. Siguraduhin muna na maayos ang kalagayan ng mga settings at pagkakakabit ng mga wires.

## CHECK VITAL SIGNS OF YOUR CONNECTION

1. IP address should start with "192"  
\* IF NOT, MAG-POWER CYCLE (see SESSION 3)
2. Computer's firewall should be DISABLED
3. Computer's anti-virus auto-update should be OFF
4. Computer's proxy settings should be blank

## PHYSICAL EXAM NG LAN CABLE

1. Cable should be plugged in securely
2. Indicator light should glow green
3. Cable should have no cuts, bite marks, or knots



Karamihan ng connection problems ay maiiwasan kung uugaliin ang ganitong checkup. Ika nga, "A checkup a day keeps the technician away". Or something.

## SEEK PROFESSIONAL OPINION IF:

- LAN card or LAN port is busted.
- "DLL ERROR" is displayed on your web browser.  
You may need to re-install your operating system (e.g, Windows XP, Vista, 7 or 8), or reformat your computer.

Contact your trusted technician or call us thru our hotline numbers (see SESSION 5).

